# GAT MAT: The adapted grip ability test template

Jones, V, Hammond, A and Prior, Y

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<th><strong>Title</strong></th>
<th>GAT MAT: The adapted grip ability test template</th>
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<tr>
<td><strong>Authors</strong></td>
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The GAT MAT:  
The Adapted Grip Ability Test Mat

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Centre for Health Sciences Research, University of Salford, UK.

The GAT MAT can be freely copied and used for research and educational purposes. The GAT MAT should be colour printed onto A4 card and laminated for use in the Adapted Grip Ability Test.
Please acknowledge the authors when using.

Use in conjunction with the C-GLOVES Hand Assessment and Glove Treatment Protocol Manual v2 (2013), which details the Right and Left Hand GAT testing procedures.
The Manual can be found at:
www.usir.salford.ac.uk – search under Hammond A
USE THIS SIDE OF MAT FOR TESTING **RIGHT** HAND

- TOP EDGE OF TUBIGRIP
- **ENVELOPE**
- **CUP**
- **JUG** (right hand)
- **PAPER CLIP**
USE THIS SIDE OF THE MAT FOR TESTING **LEFT** HAND

- **JUG** (left hand)
- **PAPER CLIP**
- **CUP**
- **ENVELOPE**

**TOP EDGE OF TUBIGRIP**