

This collection of visual gardening poetry, *insatiable carrot*, published by Cinnamon Press in 2015, was created during a series of gardening residencies, in my personal garden, Incredible Edible Farm and town gardens, an Ormskirk garden, vegan organic market garden (Oakcroft Gardens), Welbeing Farm project, and Royal Horticultural Society Lindley Library, London. These residencies were selected to ensure immersion in different activities (digging, clearing, planting, sowing, composting etc) and gardening philosophies (academic, ignorant, conventional, vegan organic etc). The aims were to investigate the rhythms of gardening (digging, planting etc) through practical immersion; produce poetry reflecting, influenced by and immersed in these approaches; develop new poetic techniques, textual and visual, reflecting and enacting the rhythms of these experiences; develop a visual and textual collection reflecting on organic growth (and also non-growth) and decay.

This project is linked to my previous publications in creative composition and the environment, particularly *Edward Thomas: The Origins of His Poetry*, *Edward Thomas's Poets* and *The Letters of Edward Thomas to Walter de la Mare*. It draws on research into consciousness and creativity in William James' 1890 *Principles of Psychology*; frame and context in Derrida's 1987 *Truth in Painting*; perception in Wittgenstein's 1953 *Philosophical Investigations*, Nick Humphrey's 1995 'The Thick Moment' and Natika Newton's 2001 'Emergence and the Uniqueness of Consciousness'; and rhythms in Tim Ingold's 2008 *Ways of Walking*. The collection builds on the English language haiku tradition as exemplified in *Presence* haiku journal and *Blithe Spirit* (British Haiku Society journal); the poet-art work of Alec Finlay; and the avant-garde gardening site-specific poetry of Ian Hamilton Finlay.

There have been several readings in Lancashire and Yorkshire, and an Amsterdam is planned later in 2017. Poems feature in Incredible Edible installation in Todmorden, on Incredible Edible website, and in a USA-Kenya artistic collaboration.