



University of  
**Salford**  
MANCHESTER

# GAT MAT: The adapted grip ability test template

Jones, V, Hammond, A and Prior, Y

<b>Title</b>	GAT MAT: The adapted grip ability test template
<b>Authors</b>	Jones, V, Hammond, A and Prior, Y
<b>Type</b>	Monograph
<b>URL</b>	This version is available at: <a href="http://usir.salford.ac.uk/32096/">http://usir.salford.ac.uk/32096/</a>
<b>Published Date</b>	2013

USIR is a digital collection of the research output of the University of Salford. Where copyright permits, full text material held in the repository is made freely available online and can be read, downloaded and copied for non-commercial private study or research purposes. Please check the manuscript for any further copyright restrictions.

For more information, including our policy and submission procedure, please contact the Repository Team at: [usir@salford.ac.uk](mailto:usir@salford.ac.uk).

# The GAT MAT: The Adapted Grip Ability Test Mat

**© Vivienne Jones, Alison Hammond, Yeliz Prior 2013.  
Centre for Health Sciences Research, University of Salford, UK.**

The GAT MAT can be freely copied and used for research and educational purposes. The GAT MAT should be colour printed onto A4 card and laminated for use in the Adapted Grip Ability Test.

Please acknowledge the authors when using.

Use in conjunction with the C-GLOVES Hand Assessment and Glove Treatment Protocol Manual v2 (2013), which details the Right and Left Hand GAT testing procedures.

The Manual can be found at:

[www.usir.salford.ac.uk](http://www.usir.salford.ac.uk) – search under Hammond A

TOP EDGE OF TUBIGRIP



USE THIS SIDE OF MAT FOR TESTING RIGHT HAND

ENVELOPE

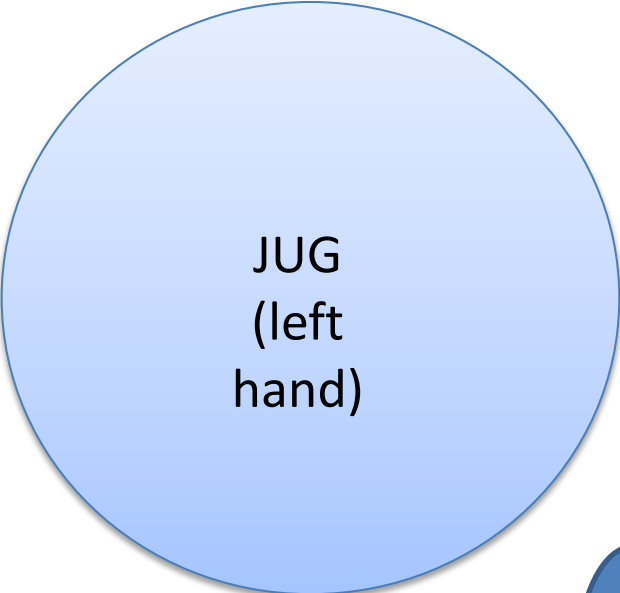
CUP

JUG  
(right  
hand)



PAPER  
CLIP

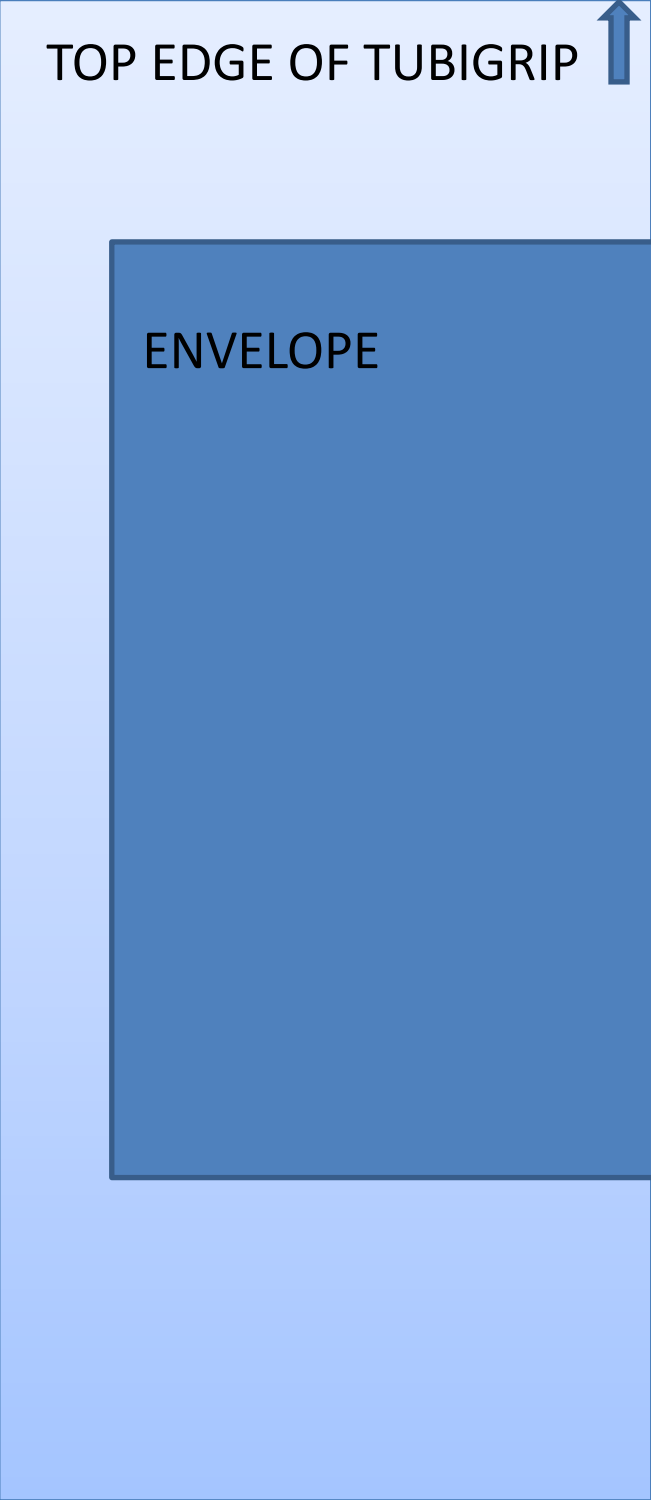
USE THIS SIDE OF THE MAT  
FOR TESTING LEFT HAND



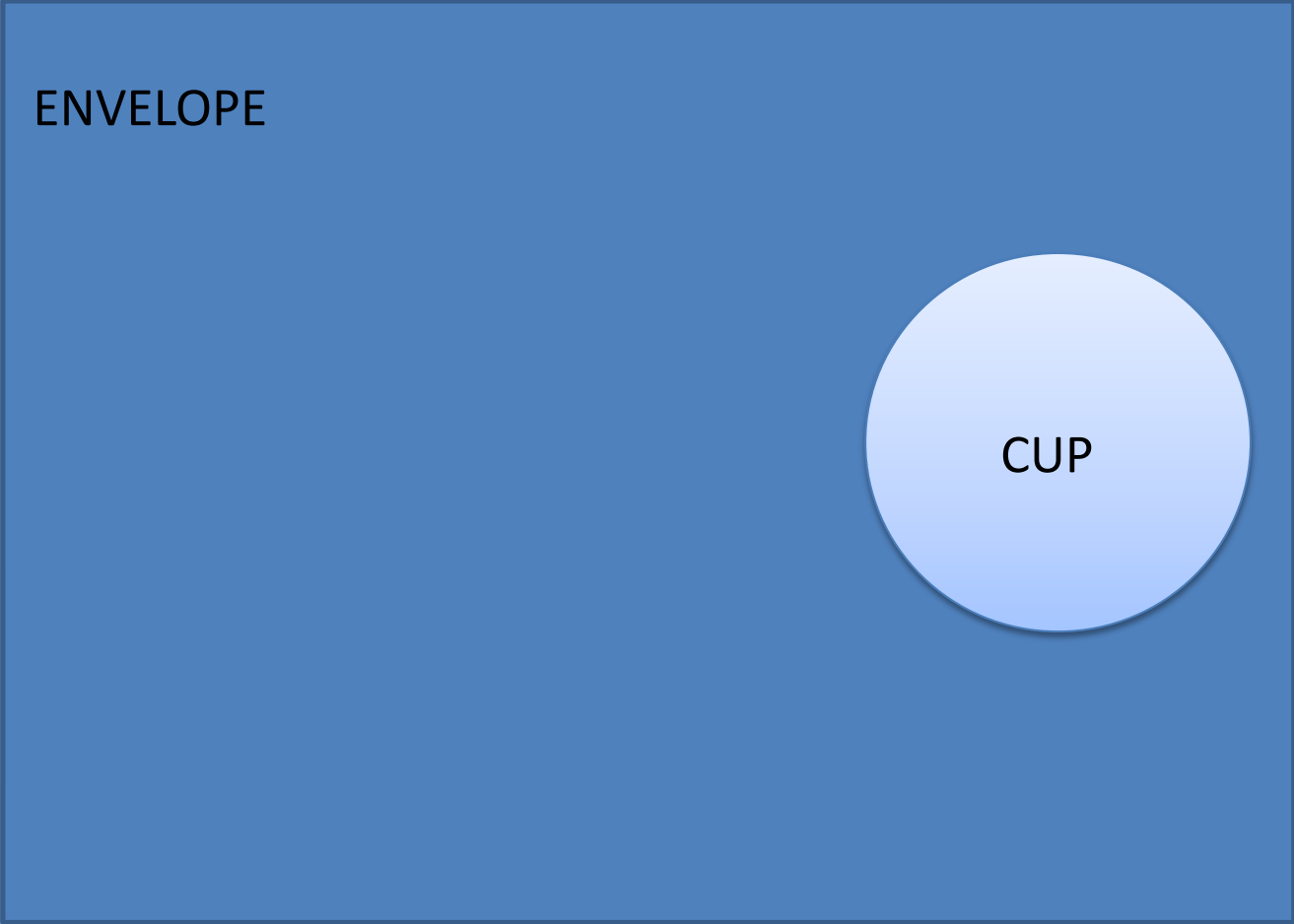
JUG  
(left  
hand)



PAPER  
CLIP



TOP EDGE OF TUBIGRIP



ENVELOPE



CUP